

Burkeman Sample Essay #1

Oliver Burkeman explains that by accepting the outcome and not having high expectations are the ways to achieve happiness.

Since people experience failure or are unfulfilled with what they have often he suggests on embracing it not avoiding it. Yet it is not all the time when people think negatively, that it will go that certain degree. It is not as bad at time so to say people overthink the outcome. Life is not that harsh.

Also in overthinking or just thinking about something in general, it is better to having a realistic expectation rather than a high one. Such as a birthday party, a joke goes, "Want to know the secret to a great birthday party? Low expectations." Just how having high hopes can make the smack of reality hurt more. Or in just assuming the worst, it brings surprise to what actually happens or what it is.

Even in a horrible situation, accepting what is to come is a better way to think that trying to assume oneself its alright.

SCORE: This essay received a score of 1.

RUBRIC LANGUAGE: A 1 paper shows that a student would benefit from both intensive and extensive instruction in all aspects of reading and writing. The response may not engage the topic's demands, or there may not be a recognized response to the basic aspects of the prompt. The response may be very brief in nature. It often displays a pervasive struggle with word choice and coherence at the sentence level.

COMMENTARY: Essay 1 disregards the topic's demands. It lacks any appropriate pattern of structure or development. It's inappropriately brief, and it has pervasive errors that demonstrate a deficiency in linguistic control. Consider the following sentence: "*Yet it is not all the time when people think negatively, that it will go that certain degree.*" The sentence is hard for readers to follow and discern the point the author is attempting to make here.